

# Eifel Times

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Spangdahlem Air Base, Germany

[www.spangdahlem.af.mil](http://www.spangdahlem.af.mil)

Sept. 15, 2006

## News Briefs

### Comics visit Spangdahlem

Don't miss the "Almost Famous Urban Comedy Show," tonight at Club Eifel. Comedians Mike Bonner and Sean Larkins perform in this over 18 show at 8:30 p.m. Tickets are \$20 for members and \$25 non-members. For more information, call 452-4639.

### Holiday Greeting Team

The 2006 Holiday Greeting Team visits Spangdahlem AB Thursday and Sept. 22 to record holiday messages which will air in the states. Filming takes place at the air park from 8 to 5 p.m. The team shoots through the lunch hour.

### Live fire fighter training

The 52nd Civil Engineer Squadron Fire and Emergency Services Flight is conducting live fire fighting training at the Bitburg Annex, building 17 now through Sunday. There will be light smoke in the housing area, possible visible fire and fire vehicles in the area. There could also be traffic congestion and water in the streets. For more information, call Tech. Sgt. Larry Tepen at 452-6651.

### TKS cable interruption

Six TKS cable television channels will temporarily go off-line Germany-wide sometime between Wednesday and Sept. 28. The outage is not expected to last more than two days.

### Tops in Blue

The Tops in Blue vocalists, musicians and dancers perform at Spangdahlem AB Wednesday at 7 p.m. This free show takes place in the Skelton Memorial Fitness Center.

### Toyland grand opening

Santa is in town Saturday for the Bitburg Annex Toyland grand opening at 10 a.m.

### Weekly accident report

There were 10 minor vehicle accidents and one major vehicle accidents last week. The minor accidents resulted from: inattentive driving, speeding and improper backing. The major accident occurred on K-35 and caused when the Airman's vehicle was hit by a local national while making a left hand turn. (Information courtesy of Harald Kotsch, 52nd Security Forces Squadron.)

## Coming home

More than 250 Saber Airmen returned home late Saturday.

Read "Deployed Sabers return," on Page 2.



Photo by Staff Sgt. Ray Mills

## 9-11 Remembered

Col. Darryl Roberson, 52nd Fighter Wing commander, and members of the official party pay respect to those who died Sept. 11 during a remembrance ceremony held here Monday. More than three hundred Sabers gathered at the wing headquarters building to honor those who perished when the twin towers fell and flight 93 crashed.

# Operation Nighthawk 52nd FW conducts random drug testing

By Senior Airman Eydie Sakura  
52nd Fighter Wing Public Affairs Office

In the early morning hours of Sept. 3-4 more than 110 Spangdahlem Air Base active duty members were randomly selected for drug testing after entering the main gate as part of Operation Nighthawk.

During this operation about 80 vehicles were selected as they entered the base to be searched for the presence of illegal substances and other contraband. In addition to vehicle searches, the identified military members were required to provide a urine sample for controlled substances testing.

An operation like this has not taken place at Spangdahlem AB for many years.

"The first sweep was conducted from 1-5 a.m. and kicked off the same time a big local wine festival was winding down," said Mark Tack, 52nd Medical Operations Squadron Drug Demand Reduction Program manager. "Fortunately, we didn't have any major problems -- which I'm sure was due partly to the innate integrity of our military members and in part to the security forces officers present."

Base leadership chose to conduct Operation Nighthawk to serve a twofold purpose.

"It demonstrates that the wing is committed to the Air Force's zero tolerance policy on illegal drug use, and identifies those military personnel who choose to violate the law and endanger the public by using illegal narcotics," Mr. Tack said.

"Ninety-nine point nine percent of the base would never consider illegally using drugs," he said. "However, there are always people who might be tempted, or are naive, disregarding the consequences on their careers and lives."

Servicemembers are bound by the Uniform Code of Military Justice -- even in countries where drugs are legal. Under Article 112a of the UCMJ, military members are expressly prohibited from using and distributing cocaine and scheduled controlled substances. Ecstasy and psilocybin mushrooms which are available in some areas nearby are considered Schedule I controlled substances.

Members who choose to use controlled substances face the consequences of testing positive for drugs, which can have devastating effects on any military career.

"A punitive discharge, which includes either a bad conduct discharge, dishonorable discharge or a dismissal (for officers), deprives an individual of virtually all veteran's benefits for life," said Lt. Col. James Bitzes, 52nd Fighter Wing staff judge advocate. "It is a lifetime stigma which also affects employment, security clearances, student loans and most benefits available to Airmen who are honorably discharged."

It took the combined efforts of many organizations across the base including security forces, the office of special investigation, medical group and the legal office to pull off Operation Nighthawk.

This operation was a complete success and will continue to support the wing's no-tolerance policy concerning illegal drug use; said OSI Special Agent Jeffrey Goodson.

All samples collected are pending examination at Brooks Air Force Base, Texas.

What it is ...



## Ecstasy

Ecstasy, also known as "E," "XTC," "X" or "Adam," has been around in one form or another almost since the beginning of the 20th century.

Scientifically known as MDMA (3,4 Methylenedioxy-N-Methylamphetamine), it was first discovered in 1912 and patented as an appetite suppressant. It has never been produced on a commercial basis, but was used briefly by American psychotherapists as an aid to therapy before being outlawed in the mid-1980s.

Ecstasy is a stimulant drug with some of the properties of LSD. In its latest incarnation as a recreational drug, little is known about its long-term effects, with medical research only now exploring these potential problems. MDMA is a member of the phenylethylamine family of drugs, related chemically to both mescaline and amphetamine; hence its description as a stimulant and/or hallucinogen.

RESCON Watch

DELTA

4+ DUIs/ARIs in the Last 30 Days

Days since last DUI/ARI: 12

Rank of last DUI/ARI: staff sergeant  
Squadrons of last DUI/ARI:

52nd Logistics Readiness Squadron

239 Airmen's lives were saved by the Airmen

Against Drunk Driving Program since

Jan. 1, 2006. When going out and your plan falls through call AADD for a ride, at 06565-61-2233.





*Photo by Capt. DJ Weed*

**Master Sgt. Donald Villars greets his son, Daniel, upon his return to Spangdahlem Air Base Sept. 9. Sergeant Villars was deployed to Southwest Asia for two and a half months. He is assigned to the 52nd Aircraft Maintenance Squadron.**

# Saber medics treat Ghanaians during Med Flag 2006

**By Tech. Sgt. Pamela Anderson**  
52nd Fighter Wing Public Affairs

More than 50 Airmen from United States Air Forces Europe arrived in Tamale, Ghana, late Saturday night to participate in a humanitarian exercise called Med Flag 2006. The group, which consists of medical, support and security troops from Spangdahlem, Ramstein and Sembach Air Bases in Germany, will spend four days treating patients from the South African city and surrounding rural areas.

The American military medical personnel will be working with their Ghanaian military counterparts for the duration of the exercise.

“The objective is to treat as many people as possible in the short time frame and to work side by side with the Ghanaian doctors and learn about regional diseases,” said Col. Timothy Vining, Chief of USAFE exercises.

“When the people line up, we will give the second group of about 200 passes that will move them to the front of the line the following day,” he said. “This will give people an idea about whether or not they will be seen by a doctor so they’re not waiting in line all day for nothing.”

This is not the first time the U.S. government has arranged for military personnel to offer aid to African citizens and it's seen as a gesture of goodness every year.

“(The Ghanaian people) appreciate the support extended to them,” said the Honorable Alhaji Mustapha Ali Idris, Northern Regional Minister, “this is a significant deed from America and it registers effectively in the minds of the people in the region.”

Though the goal of Med Flag is to help those who are less fortunate and who don't have access to standard health care, some of the care givers feel they will get something from this experience too.

"I'm looking forward to the opportunity to share common experiences with our Ghanaian counterparts and learn about their own unique approaches to medicine," said Maj. Kevin Bohnsack, 52nd Aerospace Medicine Squadron a flight surgeon.

# Deployed Sabers return

52nd Fighter Wing Public Affairs Office

More than 250 Saber Airmen returned home late Sept. 9 to their family and friends after a two-and a half month deployment to Southwest Asia.

“Since 9/11 a lot of Americans have been serving and sacrificing, these are the latest,” said Col. Darryl Roberson, 52nd Fighter Wing commander. “The families and children here have also been serving and sacrificing. It has taken everybody to get us where we are today. And we are going to continue serving and sacrificing until we get the job done.”

As the deployed Airmen in-processed the base, family members and friends awaited the word from Colonel Roberson to open the hanger, where they were gathered, so they could finally be reunited with their loved ones.

Master Sgt. Donald Villars, 52nd Aircraft Maintenance Squadron, was greeted on the flightline by his wife Yong and son Daniel. This deployment was the first the family has gone through during their seven year marriage.

"It's really hard, him being away, with my son and all," said Mrs. Villars as tears streamed down her cheeks.

While deployed to the 23rd Expeditionary Aircraft Maintenance Unit, these Airmen were responsible for performing maintenance, repairs and maintenance sup-



*Photo by Senior Airman Kristin Ruleau*

Tech. Sgt. Dorman Varnado, is greeted by his wife Cheryl and daughters Katherine and Abigail after returning from a two and a half month deployment to Southwest Asia. Sergeant Varnado is assigned to the 52nd Equipment Maintenance Squadron.

port functions to their assigned F-16 *Fighting Falcons*.

Over the next few weeks several more Saber A-10 *Thunderbolt II* ground-attack aircraft, pilots and support Airmen will be

reunited with their loved ones when they return to Spangdahlem AB from their deployment to Bagram Air Base, Afghanistan and from other bases throughout the area of responsibility.

## Leadership sends AF birthday message

**WASHINGTON** -- The following is a message from Secretary of the Air Force Michael W. Wynne and Air Force Chief of Staff Gen. T. Michael Moseley on the Air Force's 59th birthday.

“Over the course of the past 59 years, the United States Air Force has established itself as the dominant force in air, space and cyberspace.

“Our knowledge-enabled Airmen have revolutionized the way our nation defends itself and its allies across the full spectrum of threats.

“Before our inception as an independent service, the Air Force responded wherever and whenever needed, whether for disaster relief, humanitarian operations or combat operations. We have only gotten better in time.

“Our heritage is one of technological innovation, courage and dedication. As we build on that proud heritage and look toward new and unlimited horizons, we will continue to deliv-

er unmatched air, space and cyberspace dominance for the interdependent joint team and our nation.

“Your tireless commitment, agility and professionalism are the foundation for our successes. Without you, and the support of your families, we could not be the world-class team we are. America’s Airmen exemplify our core values of Integrity First, Service Before Self and Excellence in All We Do.

“As we lead into our diamond anniversary celebration, we count on our most valuable asset -- our Airmen -- to continue the magnificent work our forebears began. We are confident you'll conquer tomorrow's challenges with the same courage, commitment and confidence that defined our first 59 years.

“Thanks to our entire Air Force family across the globe: active duty, civilian, Guard, Reserve, retirees, veterans, and all their families.

Happy birthday, Air Force!"

USAFE Reportable Motor Vehicle Mishaps						
	Yearly Average (FY 2001-2005)			FY 2006 to Date		
	Motorcycles	Automobiles	Fatalities	Motorcycles	Automobiles	Fatalities
<b>31 FW</b>	4	11	2	5	8	1
<b>38 CSW</b>		2		1	4	1
<b>39 ABW</b>		1				
<b>48 FW</b>	2	7	1	1	2	
<b>52 FW</b>	2	9	1		6	1
<b>65 ABW</b>		1			1	
<b>86 AW</b>	2	4	1			
<b>100 ARW</b>	1	1			2	
<b>435 ABW</b>	1	5			7	1
<b>501 CSW</b>		1		1	2	
<b>HQ</b>	1	2				
<b>USAFE Total</b>	<b>13</b>	<b>44</b>	<b>5</b>	<b>8</b>	<b>33</b>	<b>4</b>

Motor vehicle incidents continue to be the single greatest threat to our USAFE family. More than 65 percent of the mishaps in the command are caused by either excessive speed as it relates to the road conditions and by drivers simply not paying attention. Watch your speed and stay alert as you travel. Defensive driving and vigilance remain the primary countermeasures against accidents, but they only work if you use them.

Current as of: 1 Sep 06





Courtesy photo

## Top Saber Performer

**Name:** Staff Sgt. Theresa Pylka  
**Unit:** 52nd Fighter Wing Command Post  
**Duty title:** Emergency action senior controller

**Hometown:** Ottawa, Ill.

**Years in Service:** Nine and a half years  
**Nominee's contributions to 52nd Fighter Wing mission success:** Since her arrival at Spangdahlem AB Sergeant Pylka has had a positive impact on the CP. With her commitment to the overall mission she has been instrumental in modernizing the CP. This is evident in all areas she has been tasked; from streamlining the CP Web page by creating a more user friendly site, improving quick reaction checklists to eliminating unnecessary procedures and validating training procedures to enhance the overall knowledge of Spangdahlem AB controllers. Sergeant Pylka has been recognized by USAFE for exceeding U.S. Air Forces in Europe Command and Control reporting standards. With her diverse C2 background and high operational reports standards, she was the perfect choice to take over as the NCOIC of reports. She is truly dedicated to being the best she can be.

**Off-duty volunteerism and professional development pursuits:** Sergeant Pylka is perusing her bachelors in computer studies and business management. She is actively involved in Air Force Sergeants Association, tier Two and base blood drives. In addition, she volunteered as Storknester for two globally separated unit spouses.

**What do you do for fun?** I read, watch movies and travel.  
**What do you like most about being stationed here?** I like being able to travel.  
**What's one thing you'd like to see changed or improved at Spangdahlem Air Base?** I would like to see less alcohol related incidents.



Photo by Staff Sgt. Raymond Mills

## Fini flight

Maj. Gen. Philip Breedlove, 16th Air Force vice commander, gets hosed down by 22nd Fighter Squadron pilots after his final flight here Sept. 6. General Breedlove is a command pilot with more than 3,400 flying hours, primarily in the F-16 *Fighting Falcon*. He has been selected for reassignment as vice director of Strategic Plans and Policy, Joint Staff at the Pentagon, Washington, D.C.

## 2006 Fire Prevention Week events

Be a firefighter for a day and compete in fire fighting skills events during the base fire prevention week picnic Oct. 7 at 1 p.m. at the Bitburg Middle School. The deadline for team sign up is **Sept. 29**. There must be four people per team. To sign up or for more information, call Tech. Sgt. Mark Abrahamson at 452-5292.

### Events:

- Bucket brigade: fill a container with water in the fastest time
  - Dress-up bunker drill: team versus team time trials in donning fire fighter protective gear
  - Hose event: build a fire hose ... on the go
  - Obstacle course: get a ball in the barrel with a fire stream
  - Fire inspection: earn extra points by identifying fire hazards in a building.
- Prizes awarded for first, second and third place.

## Eifel Salutes

### 38th Munitions Maintenance Group

A sharp Air Force salute goes out to **Tech. Sgt. Chasity Degroat** for receiving the title of 2005 Air Force Command Post NCO of the Year. Her job knowledge and dedication to success has helped the Kleine Brogel command post to stay on top of their game. Outstanding job and we salute you!

### 52nd Maintenance Group

The 52nd Aircraft Maintenance Squadron has an outstanding technician in the 81st Aircraft Maintenance Unit. **Tech. Sgt. Jeffery Setty** has displayed superb technical knowledge and expertise that is critical to the 81st AMU support section maintaining. He was instrumental in the planning and execution of the 81st AMU support section relocating to a protective aircraft shelter without degradation to the flying mission. Sergeant Setty's expertise directly contributed to the seamless deployment of \$7 million worth of equipment, tools and hazardous materials to Afghanistan for Air Expeditionary Force rotation Two allowing 60 maintainers to have the right tools for the job. **Staff Sgt. Carlos Gallegos** flawlessly outfitted and deployed 117 personnel and 223 short tons of equipment for AEF rotation Two taskings in support of Operations Enduring and Iraqi Freedom. He additionally prepared and deployed 82 personnel for other temporary duty assignments during this AEF. Sergeant Gallegos has been instrumental during the relation of the readiness section increasing work space by 200 percent.

### 52nd Medical Group

**Staff Sgt. Lakisha Cotner** expediently place pocket masks in all dental treatment rooms ensuring that emergency care equipment was always read and available. Kudos goes to the **52nd Medical Support Squadron "Logdogs"** who do everything to make sure the mission gets accomplished -- from staying late at night to building 600 line -- item supply spreadsheet; completing, researching, working local and state orders, making timely decisions to move a mountain of items to and from Zemmer, Bitburg and Spangdahlem. This team was responsible for receiving, processing, unpacking, separating and packing \$200,000 of supplies and \$600,000 of equipment from four separate projects. They also took care of LOG-MOD; negotiating daily with folks in every section planning to operate in Med Flag 2006 and making good decisions, providing daily updated status on a that unbelievable 12 section 600 line item supply list and packing 10 pallets for shipment in support of Med Flag 2006.

### 52nd Operation Support Group

**Senior Airman Tim McManus** was the cornerstone of designing and constructing six squadron briefing rooms over the course of the summer, a project totaling \$140,000. Airman McManus was the sole intelligence Airman running the shop, juggling his time between working on the briefing rooms and training pilots on current intelligence and threats while part of the squadron was deployed. On top of that, he continued to take classes to complete his Community College of the Air Force degree.



Courtesy photo

## Top Saber Team

**Unit name:** 52nd Operation Support Squadron combat weather team

**Unit responsibilities:** Provide weather support to the 52nd Fighter Wing and 726th Air Mobility Squadron while protecting life and resources through weather watch, warning and advisory services. The team disseminates detailed observations of environmental conditions affecting airfield operations, issue tailored forecasts for each mission flown and provide planning weather forecasts to senior leaders to maximize use of resources and mission success.

**Number of members on the team:** 11

**Team's contribution to the 52nd FW success:** The 52nd OSS combat weather team produces more than 3,500 mission execution forecasts that accurately predict operational thresholds to support the more than 13,000 F-16 and A-10 annual sorties. The team disseminates "resource protection" weather products that protect the wing's 4,500 personnel and \$3 billion worth of property while expertly maintaining an average of 98.4 percent accuracy. The team members also deploy to several contingencies and exercises around the globe, including Operations Iraqi Freedom and Enduring Freedom, Red Flag, Air Warrior, Cope Thunder and Steadfast Jaguar.

**Team's other contributions through the year:** The professionalism of Team Eifel's weather warriors was recognized by an "Excellent" rating in the 2006 USAFE Weather Standardization and Evaluation inspection and an "Outstanding" rating during the 2005 USAF Air Traffic Systems Evaluation Program inspection. Additionally, Master Sgt. Craig Clark valiantly earned a Stripes for Exceptional Performers promotion and Senior Airman John Radovan was awarded the Robert A. Dodson Award for Outstanding Air Force Weather Airman of 2005.



# USAFE sets course with AFSO 21

By Master Sgt. Chuck Roberts  
U.S. Air Forces in Europe Public Affairs

RAMSTEIN AIR BASE, Germany (USAFENS) -- To best meet the challenges of the road ahead, Gen. Tom Hobbins, U.S. Air Forces in Europe commander, assembled leaders throughout the command to initiate USAFE-wide implementation of Air Force Smart Operations for the 21st Century.

"We're going to determine where we're going in the future, and AFSO 21 will help show which road to take for the strategic direction we need to take as a command," General Hobbins said in his opening remarks before a three-day AFSO 21 training event that included commanders from USAFE wings, 16th Air Force and representatives from key USAFE directorates such as logistics, operations, finance and plans and programs.

Time-tested concepts such as Lean and Six Sigma, focusing on the identification and elimination of activities, actions and policies that do not contribute to the efficient and effective operation of the Air Force are embraced by AFSO 21. Doing so will help eliminate unnecessary work and barriers for Airmen as well as to generate savings in a constrained budget environment. The savings are needed to recapitalize the Air Force and provide improved warfighting capabilities for the joint team.

"We have to find ways of doing better with what we have, and with less effort," General

Hobbins said, who stressed that AFSO 21 will especially be targeted toward reducing the workload of USAFE Airmen during a force reduction that will decrease USAFE manpower by approximately 3,500 people.

Although AFSO 21 is being introduced at command level, it has already been implemented with success at the wing level. At Spangdahlem Air Base, Germany, for example, AFSO 21 made life easier and more efficient for Airmen assigned to the 52nd Component Maintenance Squadron's Propulsion Flight.

Focus was placed on everything from the maintainers to the location of the tools that were used. Maintainers were encouraged to reevaluate their setup and eliminate non-value added movement. Their ideas and inputs changed the layout of the work area and moved toolboxes closer to the workers in more of an assembly line process. The result reduced time spent moving between what was being repaired and equipment being used.

Similar local success has been achieved by the 501st Combat Support Wing at Royal Air Force Mildenhall, England.

But now, said 501st Commander Col. Blake Lindner, he is prepared to help AFSO 21 reach its full potential after attending the three-day AFSO 21 Enterprise Value Stream Mapping and Analysis event. The EVSMA was used to identify processes by which USAFE delivers its warfighting capability.

"The 501st CSW has been working the tactical level piece of AFSO 21 hard," Colonel Lindner said. "This EVSMA has given us the strategic piece. Our wing's next move is to get the word out to our folks to make sure our efforts drive to achieve the AFSO 21 vision for USAFE."

At the major command level, AFSO 21 has the ability to take a good idea and implement it command-wide, said Stephen Jewett, the master process officer in charge of AFSO 21 for USAFE. During the three-day training event, possible USAFE-wide ideas included standardizing predeployment processes such as training and equipment, consolidating training ranges, and sortie generation issues such as alternative fuels and using fewer engines while aircraft taxi on the ramp.

But in addition to improving a process at a squadron or USAFE-wide, General Hobbins stressed the importance of analyzing the horizontal effect of changes that occur as a result of force reduction. For example, if a civil engineer squadron were to lose 100 Airmen, the general said it's critical to examine how that may affect other units such as transportation, computer support or finance.

"We need to look at where processes touch other functions so that it adds value to continuous process improvement," General Hobbins said.

The methodology of AFSO 21 has a history of proving its value for the Air Force dating

back to 1999 when the Lean method was applied successfully to help solve inefficiencies with F-15 avionics problems at Robins Air Force Base, Ga., Mr. Jewett said.

But AFSO 21 isn't just about improving a process on the assembly line. It can be applied wherever work is done, and that makes it more important than ever for USAFE during force reduction.

"We're drawing down. That is for real," Mr. Jewett said. "But the remaining folks have to do the mission just as before, so we absolutely must improve the way we do business. We have a true need for process improvement and to reduce waste more than ever before."

A significant strength of AFSO 21, Mr. Jewett said, is that it places to Airmen in control.

"They get a voice and a choice to improve their own processes," Mr. Jewett said. "People who own the process also own the final vote, so AFSO 21 is truly a win-win situation for both the individual Airman and the command as a whole."

For more information about AFSO 21, contact the base AFSO 21 representative or the USAFE AFSO office at DSN 480-1045, or at AFSO 21 Web sites at <http://www.afso21.hq.af.mil/> or <https://wwwmil.usafe.af.mil/AFSO%2021.htm>.

(Contributing to this report: Tech. Sgt. Pamela Anderson, 52nd Fighter Wing, Spangdahlem Air Base)

## Airman & Family Readiness Center grand opening



Karin Fuxen, 52nd Mission Support Squadron civilian personnel flight, shares a laugh with Chief Master Sgt. Darrin Dwyer, 52nd Fighter Wing acting command chief master sergeant, during the Airman & Family Readiness Center grand opening at building 307, Sept. 6.



Alisha Couturier, 4, daughter of Master Sgt. Ken Couturier, 52nd Communications Squadron, waits for the start of the A&FRC ribbon cutting ceremony.



Photos by Senior Airman Kristin Ruleau

Chaplain (Maj.) Gerald Snyder, 52nd Fighter Wing Chaplain's Office, right, chats with Airmen from the First Term Airmen's Center Sept. 6 in the newly renovated A&FRC. The A&FRC staff is focused on the new reintegration program designed to ease redeployers back to their lives in the Eifel.

## September is Healthcare Benefits Month

The 52nd Medical Group encourages Sabers to learn more about their health benefits and Tricare. Here are a few things to consider when it comes to healthcare:

- When was the last update made to Defense Enrollment Eligibility Enrollment System? Eligibility for defendant benefits could be affected if this information is not current. For more information, visit [www.tricare.osd.mil/DEERS](http://www.tricare.osd.mil/DEERS).
- Have a Tricare related question? To have questions about Tricare answered call the Tricare service center at 06565-95-8333 or 452-8333 and select option six.
- Got a medical emergency? For emergencies on Spangdahlem Air Base call 116, on Bitburg Annex call 115, and off base emergencies call 110.
- Don't know what actions to take for a sick baby at 2 a.m. Call the nurse advice line at 0800-825-1600. It is a toll-free, 24-hours-a-day seven-days-a-week, access to registered nurses.

(Information courtesy of the 52nd Medical Support Squadron.)

## Celebrate Hispanic Heritage Month

Hispanic Heritage Month events begin today and run through Oct. 15.

- The Hispanic Heritage kickoff party takes place today at 5 p.m. in the Brickhouse. This festivity for the whole family includes food tasting, hispanic games, salsa and meringue dance lessons.
- Learn to speak Spanish through out Hispanic Heritage Month Tuesdays and Thursdays from 6-7:30 p.m. at the Airman & Family Readiness Center. For more information, call 452-6422.
- A Latin Fiesta at Club Eifel happens Sept. 30. The fiesta includes a elimination dance contest. The contest grand prize is \$100. Tickets cost \$10 in advance and \$15 at the door. To sign up for the contest, call 1st Lt. Fernando Defillo at 452-2054.
- Three Hispanic cooking classes take place during Hispanic Heritage Month. For more information, call 452-6422.
- There is also a school essay competition open to Spangdahlem and Bitburg middle school students. A winner of each school winner will receive a \$50 Army and Air Force Exchange Services gift card.



Air Force Smart Operations - For the 21st century  
What does AFSO 21 really mean?

By Col. Darryl Roberson  
52nd Fighter Wing commander

Bottom line up front: it is about improving the processes that we use to do our work.

This is not Quality revisited! And while there are fancy names associated with it like value stream mapping, event teams and stakeholder assessments, it’s really not that complicated. The intent is to identify what is really important, focus on the processes to accomplish it. Then, delete those actions that do not add to or help it.

I think most people would be surprised by how wasteful many of our processes really are. I know I was a skeptic at first but real world examples such as Toyota and practical experience in the Air Force have made me committed to Air Force Smart Operations-for the 21st Century as a tool to continuously improve. Toyota’s attitude toward production is one of making the processes better so the management and production pieces become easier and easier. They have a saying that they have mediocre managers overseeing outstanding processes.

What most American companies do is they have outstanding leaders and managers overseeing mediocre or broken processes. The company with the better process is going to win nearly every time.

So, do I have you confused yet? Well let me discuss what U.S. Air Forces in Europe is doing in regard to AFSO-21.

To kick things off for USAFE, Gen. Tom Hobbins, USAFE commander, brought all the wing commanders, all the staff

“USAFE must improve mission execution, quality of life and make more efficient and effective use of resources,”

Col. Darryl Roberson  
52nd Fighter Wing commander

directors, Lt. Gen. Robert Bishop, USAFE vice commander, and Maj. Gen. Paul Fletcher, 16th Air Force vice commander, together for three full days. Our task was to identify the major goals and actions required for the command (to value stream map USAFE). This was a huge sacrifice in time and effort and reflects General Hobbins’ commitment to AFSO-21.

We used every minute of all three days in order to walk away with a product for the command.

Summary of the results:

♦ The objective was to provide vision, plans and guidance for USAFE on the implementation of the Air Force continuous process improvement program (AFSO-21) to remove process waste and maximize efficient use of resources.

♦ USAFE must improve mission execution and quality of life while making more efficient and effective use of resources.

The USAFE core purpose:

♦ Airmen ... forward engaged ... ensuring freedom’s future!

The identified core processes:

- ♦ Develop warfighters
- ♦ Conduct air, space and cyberspace operations

♦ Contingency readiness and training and deployment

The primary goal for USAFE:

♦ Be the command of choice by 2011 for bed down and training of new capabilities (meaning the JSF, C-17, CSAR-X, KC-X, etc.) to meet continuing and evolving mission requirements with technological opportunities. To enhance quality of life while reducing infrastructure costs 30 percent by 2016.

Outcomes expected you may find interesting:

♦ Fifty percent of functional areas affected by personnel cuts (PBD 720) will have an enterprise driven AFSO-21 event within 12 months

♦ Achieving a five day work week (steady state) within 12 months

So what does this mean for you?

It means the USAFE commander is committed to the AFSO-21 program and it means we will be executing AFSO-21 events in line with command priorities.

Spangdahlem is responding to follow-on taskings from the three day conference. We will forward our highest priority AFSO-21 project to USAFE this month, we have created an AFSO-21 position on our XP staff and it will be filled by Chief Master Sgt. Terry Norris, 52nd Mission Support Group. Putting a chief master sergeant as our lead for the program reflects the priority we are putting on this area of our operations!

I look forward to working with all of you as we incorporate AFSO-21 process improvement into our daily activities.

Life lessons

Enlisting for college leads to real education

By Lt. Col. Gary Grape  
726th Air Mobility Squadron

The recruiter’s pitch sounded really good to a 17 year old farm boy from rural Wisconsin in his senior year of high school. “Join the Air Force and we’ll pay for most or all of your college and you’ll receive a pay-check at the same time!”

Even though my recruiter may not have told me everything, he did say that during my enlistment if I wanted college badly enough, it was possible to get a four year degree in as little as six years, if I was willing to work really hard and make the required sacrifices in personal free time.

‘Education’ is defined as: the act or process of being educated, the knowledge or skill obtained or developed by a learning process, or an instructive or enlightening experience.

As I left Wisconsin for basic training at Lackland Air Force Base, Texas, I never imagined the enlightening experiences in store for me.

“As I considered Officer Training School or the Reserve Officer Training Corps next, I realized that although I may have enlisted for the college, what I ended up with was maturity, leadership experience, management training, travel, friendships and a whole lot more from those six years. I gained an education that would lay the foundation for the rest of my life.”

Lt. Col. Gary Grape  
726th Air Mobility Squadron

Basic training was rapidly followed by Aircraft Armament System technical school at Lowry Air Force Base, Colo., and then my first assignment to Moody Air Force Base, Ga. The time seemed to fly by with base introduction, F-4 armament training, three-level training, the never ending ancillary training of every kind, 623 tasks and five-level upgrade training. It was well after the my first year of my enlistment before I was finally able to work with the education office to enroll in some college courses and the Community College of the Air Force, where I discovered much of my Air Force training also counted for college credit.

A remote assignment to SuWon Air Base, Korea, a year later resulted in additional training, this time on the A-10. A couple of night and weekend classes were intermixed with plenty of on-the-job training, temporary duty assignments and my first big dose of leadership and management instruction during the NCO Preparatory Course.

My weekdays and evenings were split between work and studying for staff sergeant, and my weekends were divided between school, flying with the aero club and a little sightseeing. A long the way, I entered seven-level upgrade training, took a couple

DANTES and CLEP tests, and managed to make some lifelong friends.

The remote soon ended and it was off to Homestead Air Force Base, Fla., and more training, this time on the F-16. Additional management and leadership training followed at the NCO Leadership School, along with more TDY’s and a job as mid-shift line expeditor that allowed me to work all night, sleep all day and take evening and weekend classes for the next two and a half years.

An associate’s degree with CCAF at the four and half year point was followed by a bachelor’s degree around my six year point and my recruiter’s predication was a reality.

As I considered Officer Training School or the Reserve Officer Training Corps next, I realized that although I may have enlisted for the college, what I ended up with was maturity, leadership experience, management training, travel, friendships and a whole lot more from those six years. I gained an education that would lay the foundation for the rest of my life.



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Editorial content is edited, prepared, and provided by the 52nd Fighter Wing Public Affairs Office staff. All photographs are U.S. Air Force photographs unless otherwise indicated.



Col. Darryl Roberson

Accessing Direct Line

The Direct Line program is a way to get answers to questions you still have after using your chain of command.

Direct Lines of general interest will be published in the Eifel Times and may be edited or paraphrased for brevity or clarity. Submit your Direct Line via:

- DirectLine@spangdahlem.af.mil
  - Mailed to 52nd FW/PA, Unit 3680 Box 220, APO AE 09126
  - To PA in building 23.
  - Concerns may also be sent via fax to 452-5254.
- Anonymous inputs are accepted. To receive a personal response you must include your name and phone number. Call the Eifel Times at 452-5244 for more information.

Sortie Scoreboard

Aircraft	Goal	Flown	Delta
22FS	305	103	-9
23FS	87	34	-14
81FS	229	147	+31

\*Delta is contract vs. sorties flown to date.

Through Sept. 11.

Courtesy of the 52nd Operations Support Squadron  
Plans and Scheduling Section



*Editor's Note: Submit "Community" advertisements 10 days before the desired publication date to [publicity@spangdahlem.af.mil](mailto:publicity@spangdahlem.af.mil). Call the 52nd Fighter Wing Public Affairs Office Internal Information Section at 452-5244 for more information.*

## Air Force Ball

♦ The Air Force Ball's Pie-in-the-Face event takes place Sept. 22 at 3:30 p.m. on the baseball diamond by the bowling center. Donate money to squadron Air Force Ball points of contact to nominate someone get a pie in the face. Raffle tickets will be sold the day the event for .50 cents at the post office from 9 a.m. to 2:30 p.m. to determine who throws the pies. For more information call Airman 1st Class Claire Stearns at 452-5626.

♦ The Air Force Ball takes place at Club Eifel Oct. 28 with a social hour beginning at 6 p.m.

## Child Find

The Spangdahlem Elementary School conducts Child Find screenings Sept. 22, for 3-4 year olds in the SPES district who have a suspected developmental delay in the areas of language, social, motor, cognitive or self-help skills. To schedule an appointment, call 452-6881.

## Commissary case lot sale

A case lot sale takes place at the Spangdahlem AB commissary Sept. 22-23 and the Bitburg Annex commissary Sept. 23-24.

## Educational opportunities

The University of Oklahoma offers a diagnosis in human relations counseling class, sign up no later than Sept. 25. For more information, call 452-7555.

## Eifel Girl Scouts

Registration for the Girl Scouts takes place Sept. 23 from 10 a.m. to 2 p.m. in the Spangdahlem AB Willkommen Center. For more information, call 452-9190.

## Fall Bazaar

♦ The Fall Bazaar, which runs from Oct. 13-15, is looking for outdoor food vendors. For more information, call Bobbi Hess at 452-6767.

♦ The Spangdahlem Officers and Civilians Spouses Club seeks volunteers to assist with the 2006 Fall Bazaar. Volunteers receive an opportunity to shop early and receive childcare reimbursement. For more information, e-mail [Iwanttovolunteer@hotmail.com](mailto:Iwanttovolunteer@hotmail.com).



Photo by Staff Sgt. Ray Mills

## Visiting Spangdahlem

*Dr. Doug Savell, Air Force dean of education, and Col. Albert Bowley, College for Enlisted Professional Military Education commander, visit with Airman Leadership School students Sept. 8.*

## Heart Link

The Airman and Family Readiness Center offers a USAFE spouse orientation Sept. 22 from 8:45 a.m. to 2 p.m. This orientation provides spouses the opportunity to learn about military benefits, protocol, the Air Force mission and services available to military families. Lunch will be provided. To make a reservation or find out about childcare reimbursement, call 452-6422.

## Job fair

The annual Local Job Fair takes place Tuesday from 11 a.m. to 2 p.m. at Club Eifel. Come prepared, some agencies may conduct on the spot interviews.

## Mothers of Preschoolers

The MOPS group seeks mothers of children ages 5 and under to join them. The group which meets twice a month offers the opportunity to connect with other mothers. The next meeting takes place Monday from 9-11:30 a.m. in building 139. In addition, MOPS needs volunteers to run children's art projects, conduct library visits and teach mini bible lessons during meetings from 8:45-11:30 a.m. For more information, call 452-6711.

## Scrapbooking and stamping

Croppers and stampers are invited to show their creative side Saturday from 5-9 p.m. at Spangdahlem AB in building 42. For more information, contact Amanda Wayer at 06565-933087 or e-mail [kawadw@yahoo.com](mailto:kawadw@yahoo.com).

## Pizza Hut

Beginning Tuesday Pizza Hut opens for lunch from 11 a.m. to 2 p.m.

## School happenings

The Bitburg Middle School seeks volunteers to help with school photos Sept. 22 from 8 a.m. to 1 p.m. For more information, call Maria Correa at 0656293-1732.

## Military Spouse Virtual Assistant training

The Airman and Family Readiness Center offers MSVA training for spouses interested in a portable career Oct. 10-12. Training focuses on the realities of entrepreneurship as well as launching and marketing a business. Participations must apply and be accepted into the program. For more information, call 452-6422.

## Talent show

The youth center invites families to perform in a talent show Oct. 14 at 2 p.m. Sign up for the show by Sept. 30 at the Bitburg Annex Teen Center and the Spangdahlem Youth Programs Building. For more information, call 452-9206.

## Welcome to Germany

The Airman and Family Readiness Center offers a spouse orientation Monday from 10 a.m. to 2 p.m. Spouses learn about local employment resources, educational opportunities, travel, German culture, customs and more. A lunch is provided and free childcare is available. For more information, to register for child care or to sign up, call 452-9491.

# Chapel Services

## Spangdahlem AB

### Catholic Mass

- ♦ Saturday, 5 p.m.
- ♦ Sunday, 8:30 a.m.
- ♦ Sunday, religious education, 9:45 a.m. (building 139)
- ♦ Monday - Thursday, 11:45 a.m.

### Protestant

- ♦ Sunday, traditional service at 10:30 a.m., Korean service at 1 p.m. and Sunday Night Live service at 5 p.m.

## Bitburg Annex

### Catholic Mass

- ♦ Sunday, 11:30 a.m.
- ♦ Monday, 8:30 a.m.

### Protestant

- ♦ Sunday, Liturgical service at 8:15 a.m., Contemporary service at 9:30 a.m. and Gospel service at 1 p.m.

## Happenings

- ♦ The Protestant Women of the Chapel host three bible studies Tuesday. A "Seeking Him" study takes place 9:30 a.m. in the Bitburg Annex Chapel and noon in the Spangdahlem AB building 139 and a "Daniel" study is at 6 p.m. in building 139.
- ♦ The PWOC Fall Kick Off takes place Saturday at 11 a.m. in the Spangdahlem Chapel.
- ♦ The Spangdahlem Spouses and Enlisted Military Club offers a sponsoring single and unaccompanied dinner Sept. 28 at 5:30 p.m. in the Spangdahlem AB chapel annex.

## MEMBERS ONLY NIGHT

Friday, September 22 • 5-8 p.m.

## FREE FOR MEMBERS



Lasagna, spaghetti, sweet Italian sausage with peppers, green salad, garlic bread, dessert, tea and water!

Ages 17 and up only  
Call 452-4633 for more info

# Der Markt

## Free classifieds policy and submission deadlines

Der Markt is for the personal resale of items by military and civilian employees and their families. Items such as advertisements for rental property won't be published due to funded paper restraints. Ads should be 35 words or less and customers are limited to no more than two ads per week. Ads must be typed or printed legibly and turned into the public affairs office, building 23, at least **10 days before the desired date of publication**. Ads can also be e-mailed to [publicity@spangdahlem.af.mil](mailto:publicity@spangdahlem.af.mil) or sent via fax to 452-5254. Having ads in by deadline does not guarantee publication. Ads for services generating regular income will not be published. The ads must include the sponsor's name and telephone number. Ads not meeting these requirements, including those exceeding the designated word limits, will not be printed. The *Eifel Times* staff reserves the right to edit ads.



## Movies

The following movie listings are for today through June 8. Times and movies are subject to change. For more information, call 06565-61-9441 or 452-9441. For movie synopses, visit [www.aafes.com/ems/default.asp](http://www.aafes.com/ems/default.asp).

### Spangdahlem Skyline

#### Today

##### ◆ Little Man (PG-13, 7 p.m.)

Darryl Edwards is so eager to become a father that he mistakes a short, baby-faced thief on the lam for an abandoned toddler. He and his wife take the "baby" into their home while the thief's partner tries to help him recover a stolen diamond.

##### ◆ World Trade Center (PG-13, 9:30 p.m.)

Refusing to bow down to terrorism, rescuers and family of the victims press forward. Their mission of rescue and recovery is driven by the faith that under each piece of rubble, a co-worker, a friend or a family member may be found. This is the true story of John McLoughlin and William Jimeno, the last two survivors extracted from Ground Zero and the rescuers who never gave up.



#### Saturday

##### ◆ You, Me and Dupree (PG-13, 7 p.m.)

Carl and Molly Peterson are just starting their new life together—complete with a cute house, boring neighbors, stable jobs and the routines of newlywed existence. There's just one unfortunate hitch in their perfectly constructed new world. And his name's Dupree.

##### ◆ Little Man (9:30 p.m.)

#### Sunday

##### ◆ Little Man (9:30 p.m.)

##### ◆ World Trade Center (7 p.m.)

#### Monday

##### ◆ World Trade Center (7 p.m.)

#### Tuesday

##### ◆ You, Me and Dupree (7 p.m.)

#### Wednesday and Thursday closed

### Bitburg Castle

#### Today

##### ◆ Talladega Nights: The Ballad of Ricky Bobby (PG-13, 7 p.m.)

Ricky Bobby is a NASCAR racing sensation whose "win at all costs" approach has made him a national hero. When a flamboyant French Formula One driver, challenges him for the supremacy of NASCAR, Ricky Bobby must face his own demons and fight for his place as racing's top driver.

##### ◆ Pirates of the Caribbean: Dead Man's Chest (PG-13, 9:30 p.m.)

Jack owes an unpaid debt to Davy Jones and his army of sea-phantoms ... his soul. Now, he must find a way to save himself from becoming one of them, and suffering forever.



#### Saturday

##### ◆ Barnyard (PG, 7 p.m.)

A free-wheeling cow named Otis and his misfit farm animal friends regularly play tricks on humans—sing, dance and party—but when Otis is suddenly placed in a position of responsibility around the barnyard, he must find the courage and confidence to become a leader.

##### ◆ Pirates of the Caribbean: Dead Man's Chest (9:30 p.m.)

#### Sunday

##### ◆ Barnyard (PG, 4 p.m.)

##### ◆ Pirates of the Caribbean: Dead Man's Chest (7 p.m.)

#### Closed Monday and Tuesday

#### Wednesday

##### ◆ Little Man (7 p.m.)

#### Thursday

##### ◆ World Trade Center (7 p.m.)

## Gem of the Alps

# Bavaria's Berchtesgaden offers picturesque views

By 1st Lt. Maria Schmied

326th Aircraft Sustainment Squadron

While Garmisch and Switzerland are favored recreation areas for American military members, Berchtesgaden is a quiet corner of Germany often overlooked by eager travelers.

Located in the southernmost tip of Germany, nestled in the Alps and directly over the border from Salzburg, Austria, Berchtesgaden offers both a wide range of things to do and breathtaking scenery.

With the impressive Watzmann Mountain towering over Berchtesgaden, this town is a recreational haven offering some of the best hiking opportunities for all experience levels.

Because of the natural beauty, this region has been a favorite recreational playground of royalty and rulers throughout history. The Kehlstein Haus, or Eagle's Nest, is a testament to this, as it was Adolph Hitler's lodge where he came to relax. This historical site, located on top of Obersalzberg Mountain, can still be visited today.

To reach the lodge, visitors ride an elevator built in the mountain; the elevator shaft is an engineering feat having been cut straight through 124 meters of solid rock.

Other opportunities in town include visiting an enzyan distillery, where schnapps made from the roots of a local mountain flower is produced and sold.



Photo by 1st Lt. Shannon Collins

### A view of the Church of St. Bartholomew from the Königsee.

The distillery offers free tours and sampling of the different varieties.

Since the tradition of distilling enzyan dates back hundreds of years, this tour highlights how this local product is such a part of the mountain culture of this southern Bavarian town. On the backside of Berchtesgaden, one will find the pristine Königsee, or King's Lake.

Ride an electric boat on the emerald-green water to the Church of St. Bartholomew, where you can hike back to the Eiskappellen, the ice chapel, or dine on some Königsee rainbow trout.

One of the intriguing features of Königsee is the echo wall, an acoustic performance that must be experienced first-hand.

In downtown Berchtesgaden, make time to tour the royal palace. Or, take the family to visit the salt mines. Slide down long wooden slides and see how salt was mined from the heart of the mountains.

If you don't find yourself exhausted from hiking, remember Salzburg is right over the border, but you may have to save that for another trip.

## Out and About

(Editor's note: If a point of contact is not stated, to obtain more information on an event, call 11833 from a commercial phone and ask for the tourist office at the town which the event takes place. Events are subject to changing.)

◆ See Blind Guardian on stage at the Trier Europa hall **today** at 8 p.m.

◆ B.B. King will be in concert **Tuesday** at 8 p.m. at the Luxembourg City Coque Concert Hall.

◆ See Thomas Schwab and his ensemble in concert **Sept. 23** at the Trier Arena. Schwab's 10-year anniversary concert promises to be a highlight event in the Trier area. For details or to reserve a ticket, call 0651-7199-996 or go to [www.intrinet.de/tickets](http://www.intrinet.de/tickets).

◆ Plan for and pre-register now for the two-country marathon of Echternach, **Oct. 15**. For details, go to [www.marathonechternach.lu](http://www.marathonechternach.lu).

Information Tickets, and Travel offers the following trips. For more information, to make a reservation or check a price, call 452-6567, e-mail [52svs.itt@spangdahlem.af.mil](mailto:52svs.itt@spangdahlem.af.mil) or visit the ITT office at Spangdahlem AB in building.

◆ Enjoy Rhein in Flames at St. Goar **Saturday**. The bus departs Spangdahlem AB at noon and Bitburg Annex at 11:30 a.m., cost is \$98.

◆ Explore the Eifel during the Castles of the Eifel tour **Sept. 23**. The bus departs Spangdahlem AB at 8:30 a.m. and Bitburg Annex at 8 a.m.

◆ Experience the Best of Paris on an overnight trip **Sept. 23-24**. The bus departs Spangdahlem AB at 2 a.m. and Bitburg Annex at 2:30 a.m.

◆ Hop on the Oktoberfest Express **Sept. 23 or Sept. 30**. The bus departs Spangdahlem AB at 1:30 a.m. and Bitburg Annex at 2 a.m.

◆ Feast like a king or queen at the Cochem Medieval Dinner **Sept. 30**. The bus departs Spangdahlem AB at 3 p.m. and Bitburg Annex at 2:30 p.m., cost is \$77 per person.

◆ Spend the night celebrating Oktoberfest in Munich **Sept. 30 to Oct. 1**, cost is \$198 per person.

Outdoor Recreation offers the following trips. For more informa-



Photo by Robbin Cresswell

### Tops in Blue

Senior Airman Aisha Smith sings a medley during a Tops In Blue performance at Lackland Air Force Base. The team performs at Spangdahlem Sept. 22 at 7 p.m.

tion, to make a reservation or check a price, call 452-7170. Dates and times are subject to change.

◆ Join ODR for an exciting day of hiking and historical sightseeing **Saturday** in one of the most famous castle regions of Germany. Participants will be hiking to three different castles on three different hills in the region, cost is \$30.

◆ Learn to scuba dive **Wednesday**, this one evening class runs from 4:30-8:30 p.m. Minimum age is 16 years-old, anyone under 18 must be accompanied by an adult. Cost is \$35.

◆ Join ODR for a great day of fishing for the entire family on a Luxembourg trout fishing trip Sept. 23. The pond is reserved specifically for ODR with 150 pounds of stocked fish. A fishing license is not required. Food and drinks can be purchased at the pond, or you can bring your own. Cost is \$40 and includes transportation, fishing and bait. Fishing equipment is available at ODR for a \$5 fee.



## Sports Briefs

### Air Force Ball Bowl-a-Thon

The First Four Council sponsors a Bowl-a-Thon Sept. 29 at 5 p.m. in Eifel Lanes Bowling Center. Cost is \$10 per person which includes shoe rental and three games. Proceeds benefit the Air Force Ball. For more information, call Senior Airman Bryan Bittner at 452-6185.

### Body building championship

The 2006 U.S. Forces in Europe Body Building Championship and Fitness Expo is Oct. 14-15 at Karmstadt in the Camrai-Fritsch Kaserne Fitness Center. Completion categories include strong man, bodybuilding and figure.

### Bowling center

- ♦ The Spangdahlem U.S. Bowling Congress Youth Bowling winter bowling league meets Saturday at 11 a.m. in the bowling center. The league is open to 3-22 year olds, and offers participants the opportunity to enhance their skills. For more information, call 06562-931043 or 06565-933639.

s Intermural bowling leagues start Wednesday. Call the bowling alley for more information.

- ♦ A No Tap Tournament takes place Oct. 3. Sign up begins at 5 p.m. and the tournament starts at 6 p.m. In this tournament men must knock down nine pins to receive a strick and women must knock down eight. A Crazy Eights completion follows while the results of the tournament are tallied. Participants must be 18 or older, cost is \$15 per game.

- ♦ Deployed family member bowling offers family members with deployed spouses and a Combat Care button the opportunity to bowl for \$1 per game.

- ♦ Ladies bowl for .50 cents per game Thursdays from 6 p.m. to close.

- ♦ Family Day Bowling offers families a way to have fun and save money Sundays from noon to 4 p.m. Families receive free rentals, adults bowl for \$1.75 a game and children bowl for \$1.50 per game.

### Duathalon

A duathalon takes place Sept. 23. Sign up starts at 9 a.m. and the run begins at 10 a.m. The course consists of a 5K run, 30K bike and a 5K run. Prizes will be awarded at the end of the race to men's and women's division winners. Participants must provide their own bike. For more information, call 452-6634.

### Eifel Mountain Golf Course

The Stableford Tournament, the last golf tournament of the season, takes place Sunday with a 9 a.m. tee time. First and second place teams receive prizes. For details or to sign up, call 452-6821.

### Fitness assessments

People interested in having a free fitness assessment performed should call the fitness center to schedule an appointment. Assessments are broken down into six phases: blood pressure, body composition, muscular strength, muscular endurance, flexibility and cardiovascular fitness check. The results of the test determine a person's strengths and weaknesses. For more information, call Juergen Stockemer at 452-6496.

### Men's basketball

- ♦ Today is the deadline to tryout for the Spangdahlem men's varsity basketball team. Tryouts take place from 6-8 p.m. at the Skelton Memorial Fitness Center. For more information, call Patrick Hanley at 452-6969.

- ♦ Intramural basketball and over 30 basketball letters of intent are due Oct. 25. The season starts in November. For more information, call 452-3365.

### Mom-n-Tots walkathon

A Mom-n-Tots walkathon takes place Sept. 29 at 11:30 a.m. This walk race is designed for mothers and their children. Participates walk around the track and receive prizes for each lap they completed. Sign up at the Spangdahlem Fitness Center.

### Partner Up

Interested in playing tennis or racquetball but lack a partner? The Skelton Memorial Fitness Center Partner Up program matches players who need a partner. Call the fitness center and leave a name, a tennis or racquetball preference, contact number and estimated skill level. Once a match has been found players will be contacted. For more information, call Mark Gearin at 452-6634.



Photo by Senior Airman Kristin Ruleau

Col. Darrell Mosley, 52nd Maintenance Group commander, takes a drink from Tech. Sgt. Willy Miranda, 52nd Services Squadron, during the Sept. 11 Memorial Run which offered a series of running events for the whole family to enjoy.

# Team Eifel at play



Photo by Ed Marshall

David Alston, Team COMM, slams one home over Clarence Hunter, Team 606, during the Tsunami Relief Three on Three Basketball Fund raiser, Sept. 9. Three teams participated in the tournament.



Photo by Ed Marshall

Juergen Stockemer, 52nd Services Squadron, briefs participants of the Sept. 11 Memorial Run before the race starts, Sept. 9.



Photo by Ed Marshall

Clarence Hunter, Team 606, battles for a rebound during the Tsunami Relief Three on Three Basketball Fund raiser, Sept. 9. This tournament was the first in a series of fundraising events to benefit tsunami victims. Additional events will be published in upcoming editions of the Eifel Times.



Photo by Senior Airman Kristin Ruleau

Laura Roa, 6, daughter of Capt. Ruth Roa, 52nd Medical Operations Squadron, runs the one-mile children's run, one of the many races during the Sept. 11 Memorial Run.